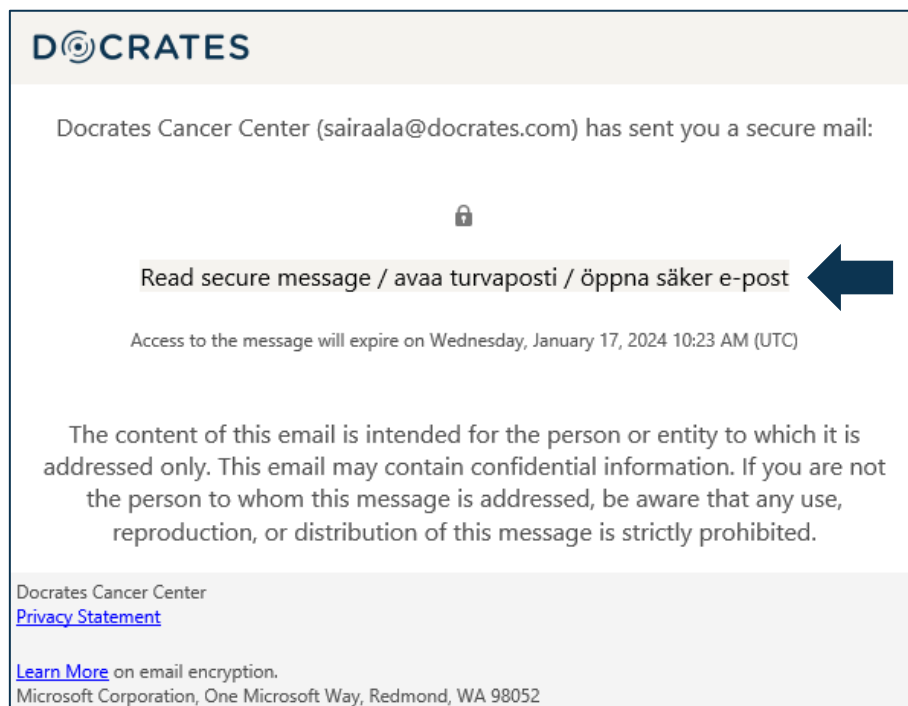


# Secure e-mail from Docrates

## Patient instructions

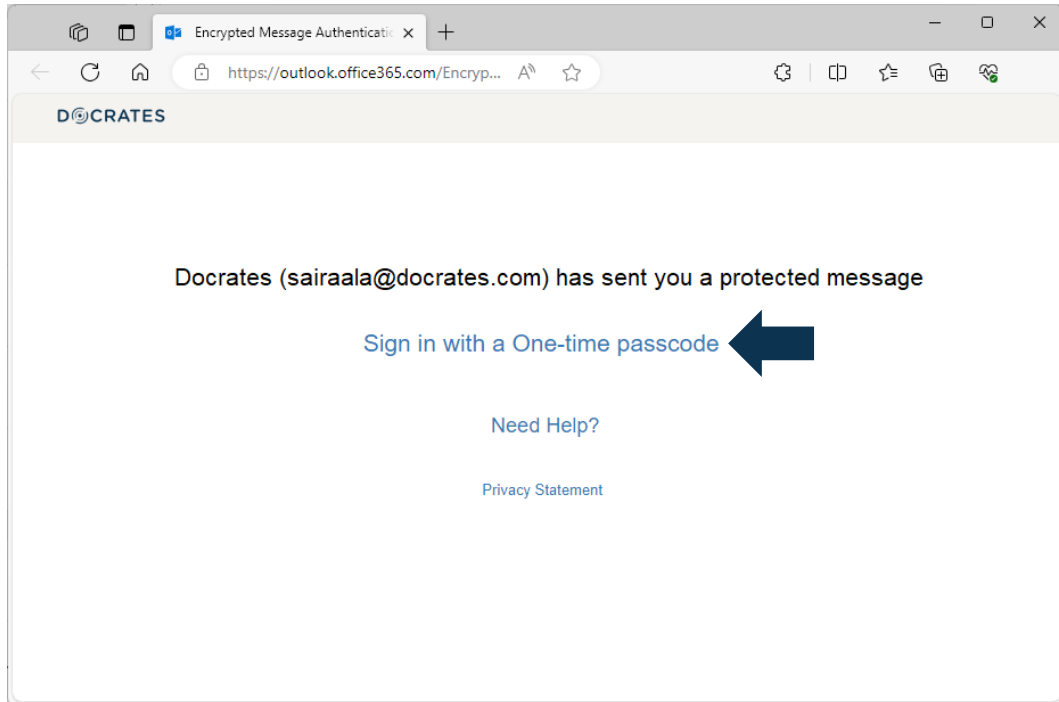
We always send sensitive information by secure e-mail instead of regular e-mail. Opening the secure e-mail requires entering a one-time use code according to the instructions below. Secure e-mail can be read for 30 days, after which it is permanently deleted.

You will receive a notification by e-mail about the new secure e-mail. Click **Read secure message / avaa turvaposti / öppna säker e-post**:

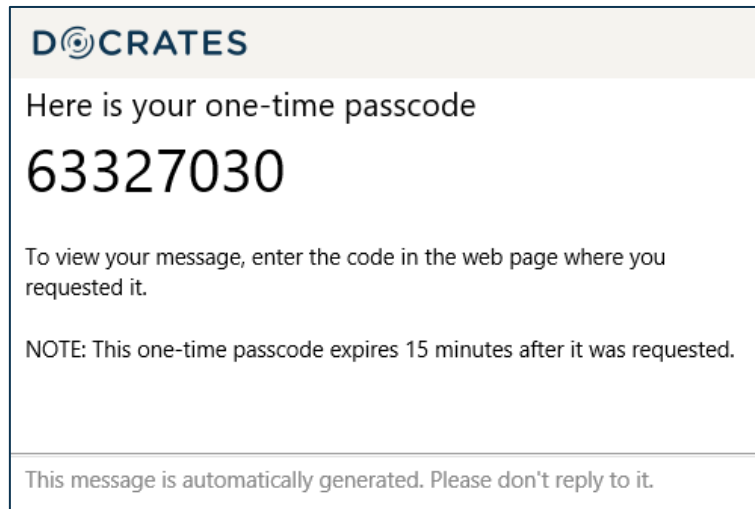


If you use your email in a web browser (e.g., Chrome), you may want to right-click on the link and select "Open link in new tab" so that your email remains open in another tab. You will need to access your email again in later steps.

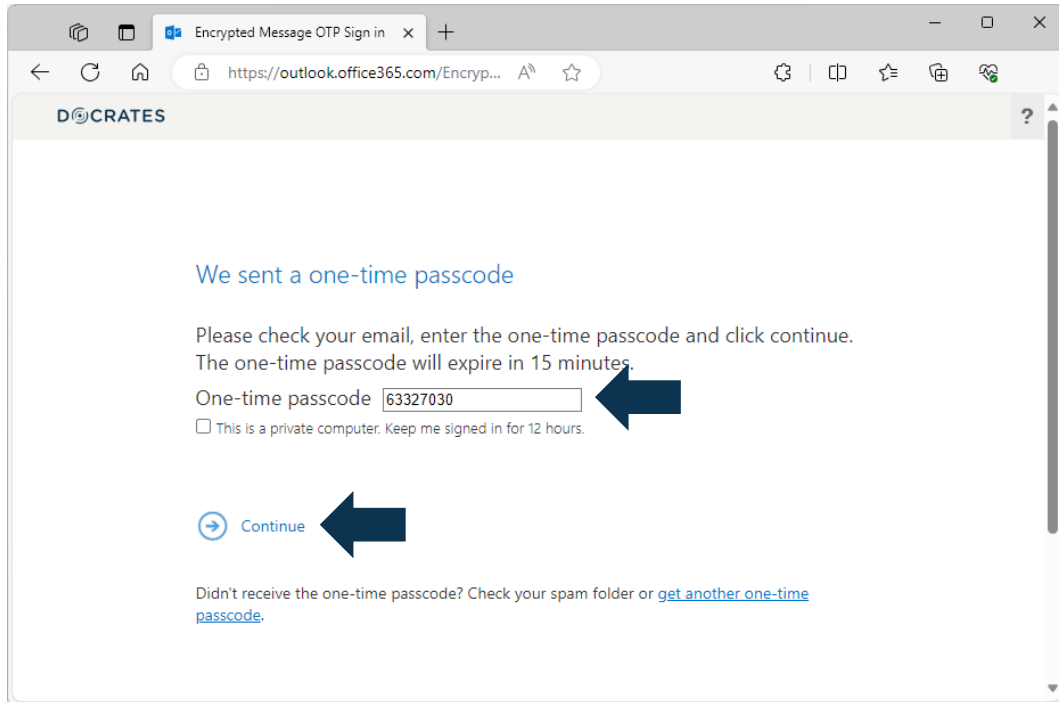
The secure e-mail portal opens in your browser. Click **Sign in with a One-time passcode:**



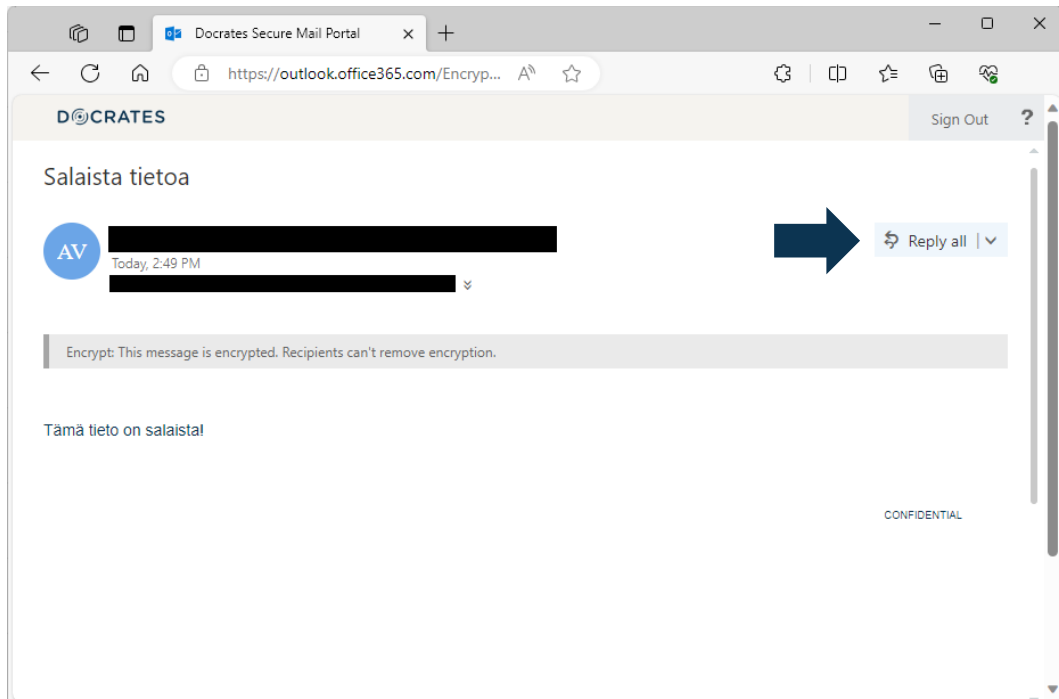
Return to your e-mail and collect the one-time use code that will arrive soon:



Return to the browser, enter the one-time use code you received in the text field and press **Continue**:



The secure e-mail is now available for you to read:



You can reply to the message by pressing **Reply all**.